



## Dementia Care Training



**Trainer – Rod Harwood, M. Div., MA, Certified Positive Approach to Care Trainer**

**Where: First Presbyterian Church**

**201 S.W. Dorian Ave., Pendleton, OR 97801**

**When: Friday, May 24<sup>th</sup>, 9am – 4pm**

**Lunch provided - \$5**

**Who should attend – All Caregivers of those living with Dementia**

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### **Teepa Snow Positive Approach to Care**

Registration Link: <https://www.eventsquid.com/event/6523>

#### **“Normal Aging/ Not Normal Aging”**

This session helps learners understand and recognize the differences in “normal” and “not normal” aging. The learner will develop better observational skills to recognize and intervene effectively when behavioral challenges occur. Learners will also develop new skills related to approach, cueing, and ability to connect with people affected by dementia. The workshop emphasizes the value of matching helping behaviors to the person’s needs and retained abilities to promote a sense of control and self-direction. The workshop will also address typical issues that occur from early stages of the condition, through mid-disease, and into the final care concerns that are part of the progression.

#### **“Positive Physical Approach™ (PPA) and Hand Under Hand™ (HUH)”**

This session focuses on Positive Approach to Care "care partnering" techniques, including Positive Physical Approach™ (PPA) and Hand Under Hand™ (HUH). These newly learned skills enable care partners to shift from simply "dealing with the behaviors" to creating a positive and caring environment. Learners develop observational skills needed to recognize signals of “unmet needs and growing distress” in the person they care for and respond in a way that reduces anxiety and improves quality of life.

#### **“Teepa’s GEMS™; Using Skills that Make Difference”**

The GEMS™ session offers an overview Teepa Snow’s dementia classification model (developed from the basic structure of Allen Cognitive Disability Levels). The GEMS model compares different states of being and ability to the characteristics of precious jewels. This dignified metaphor defines normal aging as well as the many appearances, behavioral changes, skill sets and needs of those living with the effects of neurocognitive failure (dementia) or other brain changes. They should be considered indicators and a guide toward understanding an individual's current state of ability and brain function. Understanding them will lead to an adjustment of expectations, modification of cues and support, and more accurate communication and 'hands-on' care behaviors to better meet ever-changing needs. The GEMS™ advocate that people living with dementia, when done with rather than done to and provided with the just right care and setting, can still shine.